



Announcements:

- May 15th: Friday Game-night @ the Reasens
- May 21st: College Student Welcome Home (12-2pm; 2-3pm)
- June 1st: Welcome High School Seniors
- June 11th: Midwest Singles Conference (all day)

**MIDWEST SINGLES
CONFERENCE**

06.11.22 • 9AM-4PM
COLONIAL HILLS BAPTIST CHURCH
INDIANAPOLIS, IN

REGISTER AT SINGLEFOCUSINDY.ORG



Lesson 6:
Flaring Your Nostrils: A Lesson on Anger

The Attributes of Anger

- Forms of Anger:
 - _____-tempered (Prov. 12:16; 14:17).
 - Bitterness (Prov. 14:10)
 - _____ (Prov. 15:1)
 - Rage (Prov. 19:3)
 - _____ and _____ (Prov. 10:18).
- Sources of Anger:
 - Anger is an issue of the _____ (Prov. 14:10; Matt. 5:21-22).
 - Anger is often directed at _____ (Prov. 16:4; 19:3).
 - Anger comes from a lack of proper _____ (Prov. 14:29).
 - _____ anger is the worst kind (Prov. 6:34-35; 27:3-4).
- Approaches to Anger:
 - _____ it out (Prov. 12:16; 14:29; 25:28).
 - Provoke it (Prov. 15:1, 18; 20:2; 22:8; 29:22; 30:33).
 - _____ it (Prov. 15:11; 16:14, 24; 21:14; 29:8).
 - _____ it (Prov. 14:29; 19:11).
 - Excuse it.

The Effects of Anger

- No _____ or rest (Prov. 29:9; 30:33).
- Anger brings more _____ (Prov. 15:18; 19:11; 29:22; 30:33)
- Anger results in _____ punishment (Prov. 19:19).
- Anger can destroy relationships with _____ (Prov. 14:35; 19:12; 20:2).
- Anger can lead to _____ (Prov. 16:14).
- Anger brings on _____ (Prov. 22:8).

