

Announcements:

- May 13th: Friday Game-night @ the Reasens
- May 21st: College Student Welcome Home (12-2pm; 2-3pm)
- June 1st: Welcome High School Seniors
- June 11th: Midwest Singles Conference (all day)







Lesson 6: Flaring Your Nostrils: A Lesson on Anger

T	he Att	ributes of Anger			
•					
	0	to	empered	(Prov. 12:16; 14:17).	
	0	Bitterness (Prov. 14:10)	_		
	0	(l	Prov. 15:1)	
	0	Rage (Prov. 19:3)			
	0	aı	nd	(Pr	ov. 10:18).
•	Sour	ces of Anger:			
	0	Anger is an issue of the _		(Prov	. 14:10; Matt. 5;21-22).
		Anger is often directed a			
	0	Anger comes from a lack	k of prope	er	(Prov. 14:29)
	0	aı	nger is th	ne worst kind (Prov	. 6:34-35; 27:3-4).
•	Appr	oaches to Anger:			
	0	it	t out (Pro	ov. 12:16; 14:29; 25:28	3).
		Provoke it (Prov. 15:1, 18:			
	0	it	t (Prov. 15	5:11; 16:14, 24; 21:14;	29:8).
	0	it	t (Prov. 14	4:29; 19:11).	
	0	Excuse it.			
T	he Effe	ects of Anger			
•	No	0	r rest (Pr	ov. 29:9; 30:33).	
		er brings more			1; 29:22; 30:33)
		er results in			
		er can destroy relationship			
		er can lead to			. 50. 7
	_			(Prov. 22:8).	



The Antidotes for Anger

,	In others:				
	o A	answ	er (Prov. 15:11)		
	o A kind, i	mpactful		(Prov. 21:14).	
	 Allow th 	em to suffer the full _			_(Prov. 19:19
	o Be a			(Prov. 16:14; 29:8).	
	o Don't_		_ in their failur	es (Prov. 24:17-18).	
,	In ourselves:				
	 Walk in 	the	(Gal.	5:16; 22-26).	
	• I.	ove (Prov. 24:17-18)			
	• _		_(Prov. 14:29;	15:18; 19:11).	
	• _			(Prov	v. 16:32; 25:28)
	o Avoid_		with	angry people (Prov.	. 22:24-25).



Prayer						
Scripture:	And he that hath no rule over his own spirit is a like a city that is broken down, and without walls. Prov. 25:28					
Single Focu	is/Cross Impact Requests:					
 Cross 	s Impact					
	Our members church-connectedness and growth in the summer time Preparations for Next Fall					
 Singl 	e Focus					
	College Students coming home					
0	Integrating High School Seniors					
0	Upcoming events (Game Night, Welcome Home, MSC, etc.)					
 Purd 	Purdue Cross Impact Effort					
0	12 total students over 10 meetings					
•	Chartering now					
	birers as dad recovers from surgery and prepares for more radiation.					
Ryon	's dad with medical diagnosis and seeking 2 nd medical opinion					